



SKIMOUNTAINEERING CHECKLIST

Essential equipment for ski mountaineering:
what do you need?

- SKIS
- SKIBOOTS
- POLES
- SKINS
- AVALANCHE RESCUE KIT
[artva, shovel, probe]
- SMALL REPAIR KIT
- FIRST AID KIT
- CLOTHING SUITABLE FOR TEMPERATURES AND CLIMATIC CONDITIONS
- SHELL AND OVER PANTS
- GLOVES
- HEAVY JACKET
- SKI MASK OR SUNGLASSES
- FOOD AND ENERGY DRINKS
- HELMET
- OTHER TECHNICAL EQUIPMENT
[crampons, ice axe, harness, rope and carabiners, headlamp, powerbank, gps device]

Discover the products more suitable for your activity:
lasportiva.site/skimountaineeringequipment